**Stefan R. Rowniak, PhD, RN, MS, FNP**

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**EDUCATION**

2010 University of California, Post**-**Doctoral Student

San Francisco, CA

2010 University of California, PhD, Nursing

San Francisco, CA

1991 University of California, MSN, Family Nurse

San Francisco, CA Practitioner

1985 San Francisco State University, BS, Nursing

San Francisco, CA

1979 Seattle University, Certificate, Alcohol

Seattle, WA Studies

1976 University of Washington, BA, Anthropology

Seattle, WA

**LICENSES/CERTIFICATIONS**

1991 - present Certified Nurse Practitioner

1984 - present California Registered Nurse

1984 - present California Public Health Nurse

1984 - present CPR Certification

**PRINCIPAL POSITIONS HELD**

**2017- present** University of San Francisco, School of Nursing and Health Professions Associate Professor - tenured

**2011 - 2019** University of San Francisco, School of Nursing and Health Professions Assistant Professor - tenure track

**1993 - present** San Francisco Department of Public Health, STD Control

Nurse Practitioner

Provide clinical care to clients of Sexual Health clinic.

**1995 - 1997** San Francisco Department of Public Health, TB Control

Nurse Practitioner

At Tuberculosis satellite clinic in the Tenderloin and at Ward 94 at San Francisco General Hospital, provided clinical care to tuberculosis patients. This included screenings in community settings, diagnosing new cases, and on-going medical management and follow-up.

**1991 - 1993** Health Outreach Team, San Francisco

Clinical Director

Managed the primary health care for HIV-infected and other indigent clients. Planned and implemented the public health strategies of the Team concerning TB control. Supervised and directed the work of the Team’s medic and provided on-site instruction to UCSF Nurse Practitioner students.

**1990** California Department of Health Service, STD Division

Training Consultant

Planned and implemented training curriculum to teach STD workers and CBOs in outreach methods to populations at high risk for congenital syphilis and other STDs.

**1987 - 1990** San Francisco Department of Public Health

Public Health Nurse

As AIDS Public Health Nurse liaison engaged in AIDS prevention education, health assessment and outreach to high-risk clients with focus on the indigent and IV drug-using population. Provided direct public health nursing services and case management to HIV infected clients.

**TEACHING EXPERIENCE**

**Summer 2019** N712 Population Focused System Evaluation and Improvement (The Epidemiology half of the course), Precepted FNP students at SF City Clinic

**Spring 2019** N648 Healthcare Policy and Ethics, N648 Healthcare Policy and Ethics for the USF SONHP Online Program, Precepted FNP students at SF City Clinic.

**Fall 2018** N648 Healthcare Policy and Ethics, MPH 645 Sexual Health for MPH program within the USF School of Nursing and Health Professions, Precepted FNP students at SF City Clinic.

**Fall 2017 & Spring 2018** On Sabbatical

**Spring 2017** N648 Healthcare Policy and Ethics, MPH 645 Sexual Health for MPH program within the USF School of Nursing and Health Professions, Precepted FNP students at SF City Clinic.

**Fall 2016** N648 Healthcare Policy and Ethics, MPH 645 Sexual Health for MPH program within the USF School of Nursing and Health Professions, Precepted FNP students at SF City Clinic.

**Spring 2016** N648 Healthcare Policy and Ethics, Precepted FNP students at SF City Clinic

**Fall 2015** N648 Healthcare Policy and Ethics, MPH 645 Sexual Health for MPH program within the USF School of Nursing and Health Professions, Precepted FNP students at SF City Clinic.

**Spring 2015** N648 Healthcare Policy and Ethics. Precepted FNP students at SF City Clinic. MPH 645 Sexual Health for MPH program within the USF School of Nursing and Health Professions.

**Fall 2014** N648 Healthcare Policy and Ethics. Precepted FNP students at SF City Clinic.

**Spring 2014** MPH 645 Sexual Health for MPH program within the USF School of Nursing and Health Professions. Continued as instructor for N648 Healthcare Policy and Ethics. Precepted FNP students at SF City Clinic.

**Fall 2013** MPH 645 Sexual Health for MPH program within the USF School of Nursing and Health Professions. Continued as instructor for N648 Healthcare Policy and Ethics. Precepted FNP students at SF City Clinic.

**Summer 2013** Designed and taught hybrid class N754 Healthcare Policy and Ethics for both DNP and MSN students. Precepted FNP students at SF City Clinic.

**Spring 2013** Instructor for N648 Healthcare Policy and Ethics in MSN program at USF and N741 Primary Care 1 in FNP DNP program at USF. Arranged for preceptorship at SF City Clinic for FNP students.

**Fall 2012** Designed and taught MPH 645 Sexual Health for MPH program within the USF School of Nursing and Health Professions. Continued as instructor for N648 Healthcare Policy and Ethics and N731 Advanced Health Assessment.

**Spring 2012** Instructor for N648 Healthcare Policy and Ethics in MSN program at USF and N740, N741 Primary Care 1 in FNP DNP program at USF.

**Fall 2011** Instructor for N648 Healthcare Policy and Ethics in MSN program at USF and N730, N731 Advanced Health Assessment in FNP DNP program at USF.

**2010** As a postdoctoral student lectured in N150 Community Health, N242 HIV Nursing, and N240.06 HIV Seminar at UCSF School of Nursing.

**2010** Teaching Assistant for N209A, Qualitative Research Methods, for first year doctoral students at UCSF School of Nursing.

**1996 - 2007** Clinical preceptor for UCSF nurse practitioner and medical students at San Francisco City Clinic.

**1991 - 1993** Clinical preceptor for UCSF nurse practitioner students at the Health Outreach Team, a community based clinic for HIV-infected indigent patients in the Tenderloin district of San Francisco.

**1990** Consultant for the California Department of Health Services. Planned and implemented training curriculum to teach STD workers and CBOs in outreach methods to populations at high risk for congenital syphilis and other STDs.

**RESEARCH EXPERIENCE**

**2017 - present** Member of a research team under the direction of Principle Investigator Christina Purpora on a qualitative study of horizontal violence in the nursing profession.

**2015** PI with 2 other USF School of Nursing and Health Professions professors in qualitative study examining attitudes regarding PrEP among trans men.

**2012 - 2013** Conducted quantitative study “Factors Related to Homophobia and Increased Sexual Prejudice Among Nursing Students” at USF.

**2009 - 2010** Conducted qualitative study “Sexual Identity, Behavior, and Risk Among Female-to-Male Transgender Individuals Who Are Currently Using Testosterone” at UCSF while obtaining PhD.

**1999 - 2001** Primary clinician for CDC sponsored herpes drug resistance research at San Francisco City Clinic.

**1996 - 1998** Primary clinician for Post-Exposure Prophylaxis for HIV Study, a collaboration between The Center for AIDS Prevention Studies and San Francisco Department of Public Health, at San Francisco City Clinic.

**1994 - 1996** Primary clinician for Project Respect, CDC sponsored HIV prevention study, at San Francisco City Clinic.

**PUBLICATIONS**

**Rowniak, S**., Bolt, L., & Sharifi, C. (2019). The effect of cross-sex hormones on the quality of life, depression and anxiety of transgender individuals: a quantitative systematic review. *JBI Database System Rev Implement Rep*. doi:10.11124/JBISRIR-2017-003869

Lutz, K., **Rowniak, S**. & Sandhu, P. J. (2018) A contemporary paradigm: Integrating spirituality in advance care planning. *Relig Health 57,* https://doi.org/10.1007/s10943-017-0541-7

**Rowniak, S**., Ong-Flaherty, C., Selix, N. & Kowell, N. (2017) Attitudes, beliefs, and barriers to PrEP among trans men. *AIDS Education and Prevention 29*(4), 302-314.

Ong-Flaherty, C., Morgan, D., **Rowniak, S**., & Stevenson, E. (2017) Access, what access?: The lived experience of transgender individuals. In R. G. Johnson III (Ed.), *Social equity in a time of change* (pp. 139-154). San Diego: Birkdale Publishers.

Selix, N. & **Rowniak, S**. (2016) Provision of patient centered transgender care. *Journal of Midwifery & Women's Health* *61*(6), 744-751.

**Rowniak**, **S**. & Selix, N. (2015) Preparing nurse practitioners for competence in providing sexual healthcare. *Journal of Nurses in AIDS Care* *27*(3), 355-361.

**Rowniak**, S. (2015). The effect of cross-gender hormones on the quality of life of transgender individuals: A quantitative review. *JBI Database of Systematic Reviews & Implementation Reports 13*(7), 93-103.

**Rowniak, S.** &Ong-Flaherty, C**,** (2015).Promoting transgender understanding and acceptance at a Jesuit university. *Jesuit Higher Education 4*(2), 71-77.

**Rowniak, S.** (2015). PrEP; A case study. *Journal of the American Association of Nurse Practitioners* Printed online first, doi: 10.1002/2327-6924.12240.

**Rowniak, S.** (2015). Ending AIDS: Safe sex is still key despite medical advances.

*American Nurse Today* April, 2015.

**Rowniak**, **S**. (2015). Factors related to homophobia among nursing students. *Journal of Homosexuality, 62*(9), 1228-1240. doi: 10.1080/00918369.2015.1037135

**Rowniak, S.** (2014). Creating a strategic partnership for educating nurse practitioner students about sexual health.  *Creative Education* *5*(15) Special issue on Sex Education.

**Rowniak, S.** &Chesla, C**.** (2013).Coming out for a third time: Transmen, sexual orientation, and identity. *Archives of Sexual Behavior.**42*(3), 449-61 doi: 10.1007/s10508-012-0036-2

**Rowniak, S.** & Portillo, C. (2013). Pre-exposure prophylaxis: An ethical discussion. *Journal of the Association of Nurses in AIDS Care*. *24*(1), 6-10.

**Rowniak, S.,** Chesla, C., Rose, C., & Holzemer, W. (2011). Transmen, situatedness, & HIV risk. *AIDS Education and Prevention. 23*(6), 508-20.

**Rowniak, S**. (2009). Safe sex fatigue, treatment optimism, and serosorting: New challenges to HIV prevention among men who have sex with men. *Journal of the Association of Nurses in AIDS Care, 20*(1), 31-38.

Ciemins, E. L., Flood, J., Kent, C. K., Shaw, H., **Rowniak, S**., Moncada, J., et al. (2000). Reexamining the prevalence of Chlamydia trachomatis infection among gay men with urethritis: Implications for STD policy and HIV prevention activities. *Sexually Transmitted Diseases, 27*(5), 249-251.

Froner, G., & **Rowniak, S**. (1991). The cave: IV speed users. In Arnold S. Trebach & Kevin B. Reese (Ed.), *New frontiers in drug policy* (pp. 181-187). Washington, D.C.: The Drug Policy Foundation.

Froner, G., & **Rowniak, S**. (1989). The health outreach team: Taking AIDS education and health care to the streets. *AIDS Education and Prevention. 1*(2), 105-118.

**DOCTORAL COMMITTEES**

**Chair of Doctoral Committee** for Katie Lutz for her qualifying exam but due to sabbatical needed to hand the role of the final presentation to other faculty, “A contemporary paradigm: Integrating spirituality in advance care planning” DNP Awarded 2017

**Chair of Doctoral Committee** for Pam Baldivia “The Development of a Standardized Cleft Lip and Palate Educational Tool and Increasing Pediatric Nurse Confidence” DNP Awarded 2015

**Chair of Doctoral Committee** for Margo Sutton “A Quality Improvement Project to Increase Diabetes Self-Efficacy in a Rural Primary Care Clinic” DNP Awarded 2015

**Chair of Doctoral Committee** for Brandon Hastings “Overcoming Barriers to Screening for Anal Intraepithelial Neoplasia for Persons Living With HIV” DNP Awarded 2014

**Chair of Doctoral Committee** for James Donovan “The Creation and Testing of a Transgender Cultural Sensitivity Nursing Educational Toolkit” DNP Awarded 2014

**Member of Doctoral Committee** for Dupi Cogan “Reaching Out to Children in Poverty: The Nurse Practitioner-Managed School-Based Health Center” DNP awarded 2015

**GRANTS/AWARDS**

**2015** USF SONHP Faculty Development Grant for research project “Attitudes and Beliefs about PrEP among Trans Men”

**2014** USFJesuit Foundation on Community in Conversation Grant “Open Boundaries: A Community in Dialogue on Transgenderism & the Spectrum of Gender Identity”

**2012** USF SONHP Faculty Development Grant for research project “Factors Affecting Homophobia Among Nursing Students”

**2010** UCSF Graduate Student Research Award, 2010

**2009** UCSF Century Club Grant for Research at UCSF, 2009

**2007** Betty Irene Moore Fellow for Doctoral Program at UCSF, 2007

**1991** Ryan White Care Grant to initiate The Health Outreach Team in San Francisco

**SERVICE TO PROFESSIONAL ORGANIZATIONS**

**2016 - present** Reviewer for the journal Culture, Health, and Sexuality

**2016 - present** Reviewer for the International Journal of STD & AIDS

**2015 - present** Reviewer for the Journal of the International AIDS Society

**2014 - present** Community member of Ethics Committee for Kaiser Hospital, San Francisco

**2014 - present** Reviewer for the British Journal of Education, Society & Behavioural Science

**2012 - present** Reviewer for the International Journal of Transgenderism

**2010 - 2012** Community member of Department of Public Health HIV Prevention Planning Council

**2011 - present** Reviewer for the journal AIDS Education and Prevention

**2008 - present** Reviewer the Journal of Association of Nurses in AIDS Care

**PROFESSIONAL ORGANIZATIONS**

National Organization of Nurse Practitioner Faculties

Association of Nurses in AIDS Care

American Sexually Transmitted Diseases Association

American Association of HIV Medicine

GLMA Health Professionals Advancing LGBT Equality

**PRESENTATIONS**

**2017** Attitudes, Beliefs, and Barriers to PrEP among Trans Men, Sigma Theta Tau International Nursing Research Conference, Dublin, Ireland

**2017** Supporting Students Who Are Transgender in Catholic Schools, invited roundtable participant for Catholic Educational Leadership meeting, University of San Francisco, San Francisco, CA

**2017** Multifaceted Considerations in Transgender Health in California, panelist for Crawford Lecture, University of San Francisco, San Francisco, CA

**2016** Preparing Nurse Practitioners for Competency in Providing Sexual Health Care, National Organization for Nurse Practitioner Faculties Conference, Seattle, WA

**2015** Promoting Transgender Understanding and Acceptance at a Jesuit University, In Sickness and In Health Conference, Mallorca, Spain

**2013** Factors Related to Increased Sexual Prejudice Among Nursing Students at a Jesuit University, GLMA Conference, Denver, CO

**2010** Sexual Identity, Behavior, and Risk Among Female-To-Male Transgender Persons, Association of Nurses in AIDS Care Conference, Reno, NV

**2010** Sexual Identity, Behavior, and Risk Among Female-To-Male Transgender Persons Who Are Currently Using Testosterone, UCSF Community of Scholars, San Francisco, CA

**1990** AIDS and Homelessness, Lesbian and Gay Health Conference, San Francisco, CA

**POSTER PRESENTATIONS**

**2010** Sexual Identity, Behavior, and Risk Among Female-To-Male Transgender Persons Who Are Currently Using Testosterone, UCSF Community of Scholars, San Francisco, CA

**1999** The Prevalence of STDs Among Patients Seeking HIV Post Exposure Prevention (PEP) at San Francisco City Clinic, International Society for Sexually Transmitted Diseases Research, Denver, CO

**1989** The Health Outreach Team: Taking AIDS Prevention to The Streets, American Public Health Association Conference, Boston, MA